

NOVICE DAY AT THE TRACK

So you have signed yourself up for a day at the track and your thinking “**Now what?**” That can be prefaced by either “**What did I get myself into?**” or “**Bring it ON!!**”

The morning of a track event can make your day very hectic if you feel rushed and unformed. You will be unaware of your surrounding and in an unfamiliar routine.

Here are some suggestions to make you feel comfortable in the morning:

1. Review your tech sheet in advance. Do not wait till the day before to inspect your car. Most shops/mechanics are busy, so schedule accordingly. It is the driver’s responsibility to make sure the car is properly prepared for the track. Try to have everything ready the night before, that way you won’t forget your clothes, helmet, etc.

2. Empty your car out. Before coming to the track, remove unnecessary items from interior that you will not use at the track i.e., baby seat, garbage, cd’s, change, etc. The less you have in the car when you arrive to the track, the less you have to clean out when you are at the track. *Be sure to look under the seats!*

3. Give yourself plenty of time to arrive to the track. Don’t be rushed. You can usually get into the track at least 30min before registration and tech open. *Check your gas tank level; a typical car will go through almost a full tank!*

4. When you arrive at the track, stake out a point in the grass where you will park your car. Go ahead and empty any unsecured items from glove compartment, door pockets and visor. Bring large plastic bags to store your belongings in. I would bring several bags in case it rains.

5. Register (*either at start finish building or tech barn*). Leave your car parked at your grassy spot while doing this. Bring your wallet and id to registration.

6. Now bring your car to the NOVICE tech lane. Have a cleaned out car, with your signed tech sheet and helmet ready to be inspected by a **TECH TEAM MEMBER**.

7. Return your vehicle to your chosen grassy spot. Now all you have to do is attend the DRIVERS’ MEETING and meet your instructor.

I hope this simple overview helps you feel more informed about your first morning at a track. Now...just smile and enjoy!!

The Tech Team

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